

PARENTING AS TEACHING



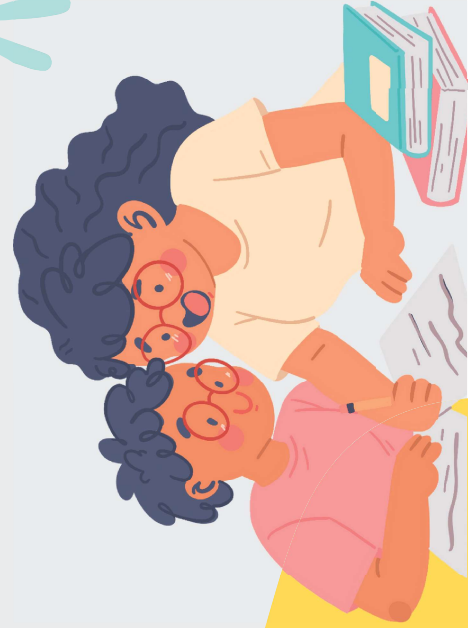
PARENTS ARE OUR FIRST TEACHERS.

Raising children is a full-time job and can be stressful.



Thriving Lives.
Strong Communities.

We are all deeply influenced by our childhood experiences. It is important to become aware of how our childhood can affect how we parent our own children.



This guide provides some basic information that can help parents as they face the challenges of raising children. We will share some tips that have helped many parents and ask you to reflect on your own experiences.



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WHAT WOULD YOU LIKE YOUR CHILD TO REMEMBER ABOUT YOU?

REFLECTION:

Have you ever said something to your child and heard your own parents talking?
